

**Patient requests for restriction and termination of restrictions  
on use and disclosure of PHI.**

***Counseling and Life Management: CALM  
Laura Doerflinger-Schneider, MS, LMHC***

Counseling and Life Management: CALM 8752 122<sup>nd</sup> Ave NE Kirkland, WA 98033 206-300-2550

**Patient request for restriction on use and disclosure of  
PHI**

I request that **Ms. Doerflinger-Schneider** restricts the use and disclosure of protected health information (PHI) listed below. I understand that **Ms. Doerflinger-Schneider** may not agree to this request; provided, however, that **Ms. Doerflinger-Schneider** may be required by law to grant a restriction preventing disclosure to my health plan concerning services or items for which I have paid **Ms. Doerflinger-Schneider**.

***Describe the restriction requested:***

\_\_\_\_\_

\_\_\_\_\_

***This restriction shall be in effect until (date or event):***

\_\_\_\_\_

Patient Name, printed: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship if not patient: \_\_\_\_\_

Mailing Address for future correspondence regarding this restriction:

\_\_\_\_\_

**Ms. Doerflinger-Schneider** has reviewed the above request to restrict the use and disclosure of protected health information (PHI) and (***check one***)

Denies the request as **Ms. Doerflinger-Schneider** cannot reasonably assure or guarantee the restriction can be met.

Accepts and will honor the request for the above stated restriction with the following exceptions and conditions:

- If you need emergency treatment and the restricted PHI is needed to provide emergency treatment, I may use the restricted PHI or may disclose this information to another health care provider to provide you with the emergency treatment.
- I will ask the health care provider to not further use or disclose the PHI.
- To the extent permitted by law, I may need to terminate or revoke our acceptance of this restriction. Of course, I will notify you of such unilateral termination.

Therapist's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Title: \_\_\_\_\_

## **Revoking or Terminating Restrictions of Use and Disclosure of Protected Health Information**

***Check One:***

\_\_\_\_ **Patient:** I hereby *revoke* the above restriction of the use and disclosure of my protected health information (PHI) effective \_\_\_\_\_ (date).

\_\_\_\_ **Ms. Doerflinger-Schneider** previously agreed to the above restriction of the use and disclosure of your protected health information (PHI). To the extent permitted by law, **Ms. Doerflinger-Schneider *terminates this previous agreement*** and no longer will restrict the use and disclosure of your protected health information effective \_\_\_\_\_ (date).

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Relationship if not patient: \_\_\_\_\_